



## Franciscan Life Center

### Raising Responsible and Cooperative Children A Parenting Workshop

**This two-session parenting workshop is designed for parents (with children, ages 13 and under) to sharpen their abilities to communicate with their children and to develop effective discipline. Discussions will target specific parenting strategies to improve a child's ability to cooperate and act responsibly while enhancing family relationships.**

- Dates:** Wednesdays, April 7 and April 14, 2010  
**Time:** 7:00 pm to 8:30 pm  
**Place:** Chiara Center - on the campus of the Franciscan Life Center,  
275 Finch Avenue, Meriden, CT 06451  
**Fee:** \$40.00 per person or \$60.00 per couple

#### Workshop Discussion Topics include:

- ✧ Using effective communication styles
- ✧ Balancing warmth and firmness
- ✧ Controlling anger
- ✧ Setting effective limits on behavior
- ✧ Blending positive/negative consequences
- ✧ Responding to whining
- ✧ Avoiding power struggles and having "buttons" pushed

#### Facilitator: Dr. Thomas Finn

Dr. Finn is a licensed clinical psychologist who has been on staff at the Franciscan Life Center for over 20 years. Dr. Finn also has a private practice in Southington.

**Registration:** Complete and return the registration form on the back of this flyer by mail or by fax. To register by phone call Rosellyn Giampietro at the Franciscan Life Center, (203) 237-8084 or by email to [rgg@flcenter.org](mailto:rgg@flcenter.org). Include your payment with the registration form. Seating is limited so register soon. Deadline for registration is April 1, 2010.

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#### Special Notice: Franciscan Life Center's 2010 Summer Enrichment Program for Children

The dates for the **Land-based Experiences for Children** between the ages of 6 and 12 are: \* June 28<sup>th</sup> through July 2<sup>nd</sup> , or \* July 5<sup>th</sup> through July 9<sup>th</sup> , or \* July 26<sup>th</sup> through July 30<sup>th</sup>.  
The **Youth Leadership Week** for young people who are 13 or 14 years old is scheduled for June 28<sup>th</sup> through July 2<sup>nd</sup>.

For more information and registration forms visit our web site at [www.flcenter.org](http://www.flcenter.org) or call us at 203-237-8084.

## Raising Responsible and Cooperative Children - Registration Form

Name(s) \_\_\_\_\_  
\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ (home)  
\_\_\_\_\_ (work)  
\_\_\_\_\_ (cell)

Email: \_\_\_\_\_

### Credit/Debit Card Payment:

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

Signature of Cardholder: \_\_\_\_\_  
\_\_\_\_\_

**The Franciscan Life Center** is a nonprofit multi-disciplinary human service agency founded by the Franciscan Sisters of the Eucharist in 1974. For over 30 years, the staff has been providing professional services and programs supportive of growth and healing as well as enrichment of marital and family relationships.

**Directions:** The Franciscan Life Center is located at 271 Finch Avenue on the Meriden/Cheshire line. **From I-91:** I 691 West to Exit 4. Left onto West Main Street. Right onto Gwen Road. Right onto Johnson Avenue. Left onto Finch Avenue. **From I-84:** I 691 East to Exit 4. Right onto West Main Street. Right onto Gwen Road. Right onto Johnson Avenue. Left onto Finch Avenue.

**Telephone: 203-237-8084 Fax: 203-639-1333 Web Site : [www.flcenter.org](http://www.flcenter.org)**